



How to make a Bath Bomb



Bath Bombs are great to make at home either as gifts or as a fun activity to do with the kids. All you need are some bath bomb molds and some basic pantry ingredients and you are all set!

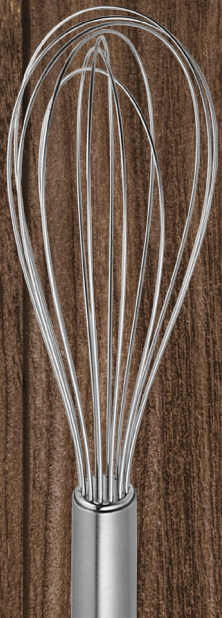
Please note at Candle Creations we do sell the molds, essential oil and the soap dye but for the other ingredients you can get these at your local supermarket.

INGREDIENTS:

- 1 Cup Baking Soda
- 1/2 Cup Citric Acid
- 1/2 Cup Epsom Salts
- 1 Tsp. Water
- 2 Tsp. Essential Oil
- 3 Tsp. Oil (Olive Oil)

EQUIPMENT:

Soap Dye, Bowl, Whisk, Jar, Bath Bomb Mold



METHOD

- Place the dry ingredients on a bowl and then mix them all evenly with the whisk.
- In a separate container, mix the liquid ingredients together. Note that in this step, the essential oils, fragrances and colors are added. This is an important step! Make sure to pick out lots of fragrance oils to try out here, as you can make many fabulous combinations for bath time. Lavender bath bombs for relaxation and sleep, perhaps tinted purple. Ylang Ylang and Bergamot for a sensual bath bomb, perhaps even add some Rose.
- Slowly add the liquid mixture to the dry mix, one small spoon at a time. This is very important because if you add too much liquid then you will start to activate the bath bomb.
- When well mixed, simply pack this mixture into a bath bomb mold and pack tightly, then let it dry. Work quickly so as not let the bath bomb mixture dry out.
- Leave the bath bomb to set for at least 4 hours and then carefully tap the mold all over and it will release. Be patient as it can take a few taps to get the bath bomb out in one piece.

Optional Extra: If you are creating the bath bombs for kids then you can always add in a small toy when making it so once the bath bomb is dissolved the child will find the toy!

It's really that simple!

Enjoy!

Have fun with your Bath Bomb making and please check out the "Knowledge" section of our website for more tutorials and as well as troubleshooting tips.

For more information Visit:

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